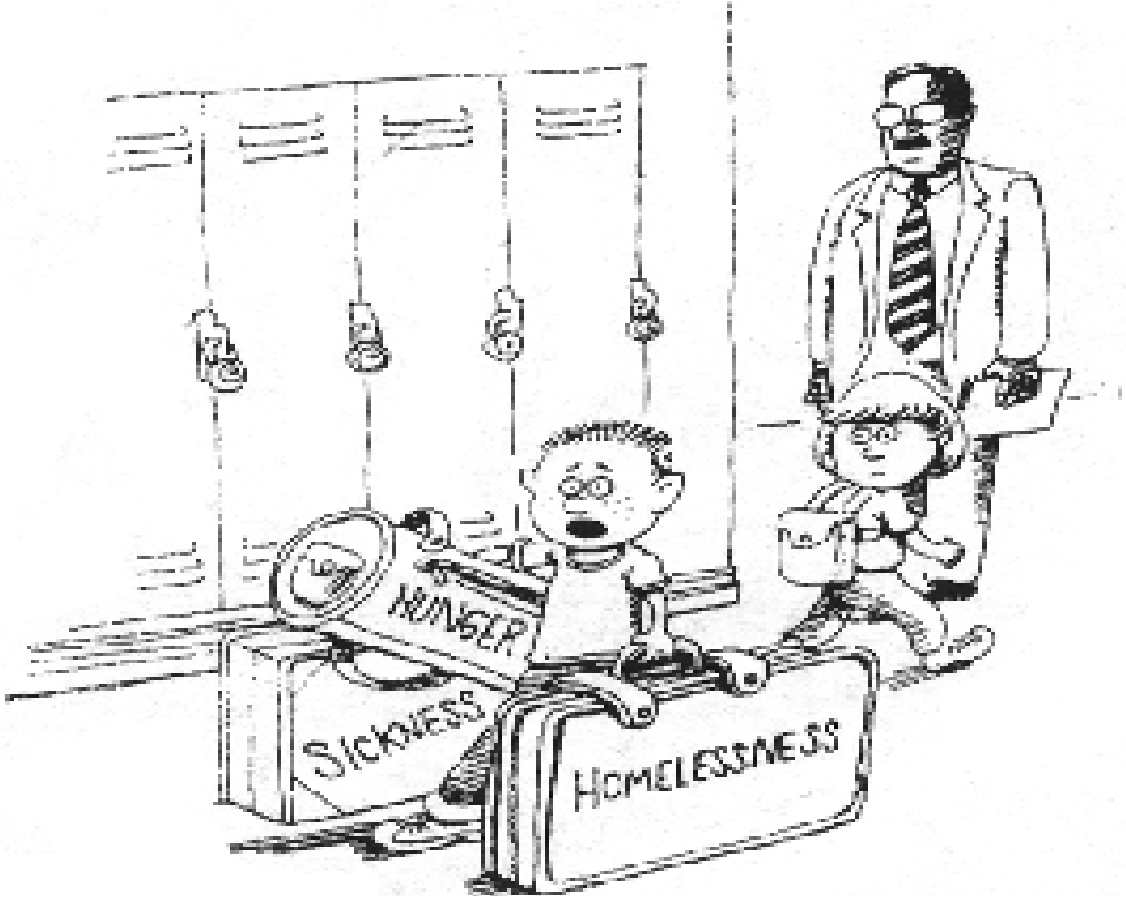
Our shared goal

Franklin High School photo from the Oregonian

Is this guy ready to learn?

How about this guy?



"Could someone help me with these?
I'm late for math class."

A new approach

40-40-20

"Without fundamentally changing our approach, I believe it's impossible to achieve our long-term objectives of making sure that every high school graduate is college ready."

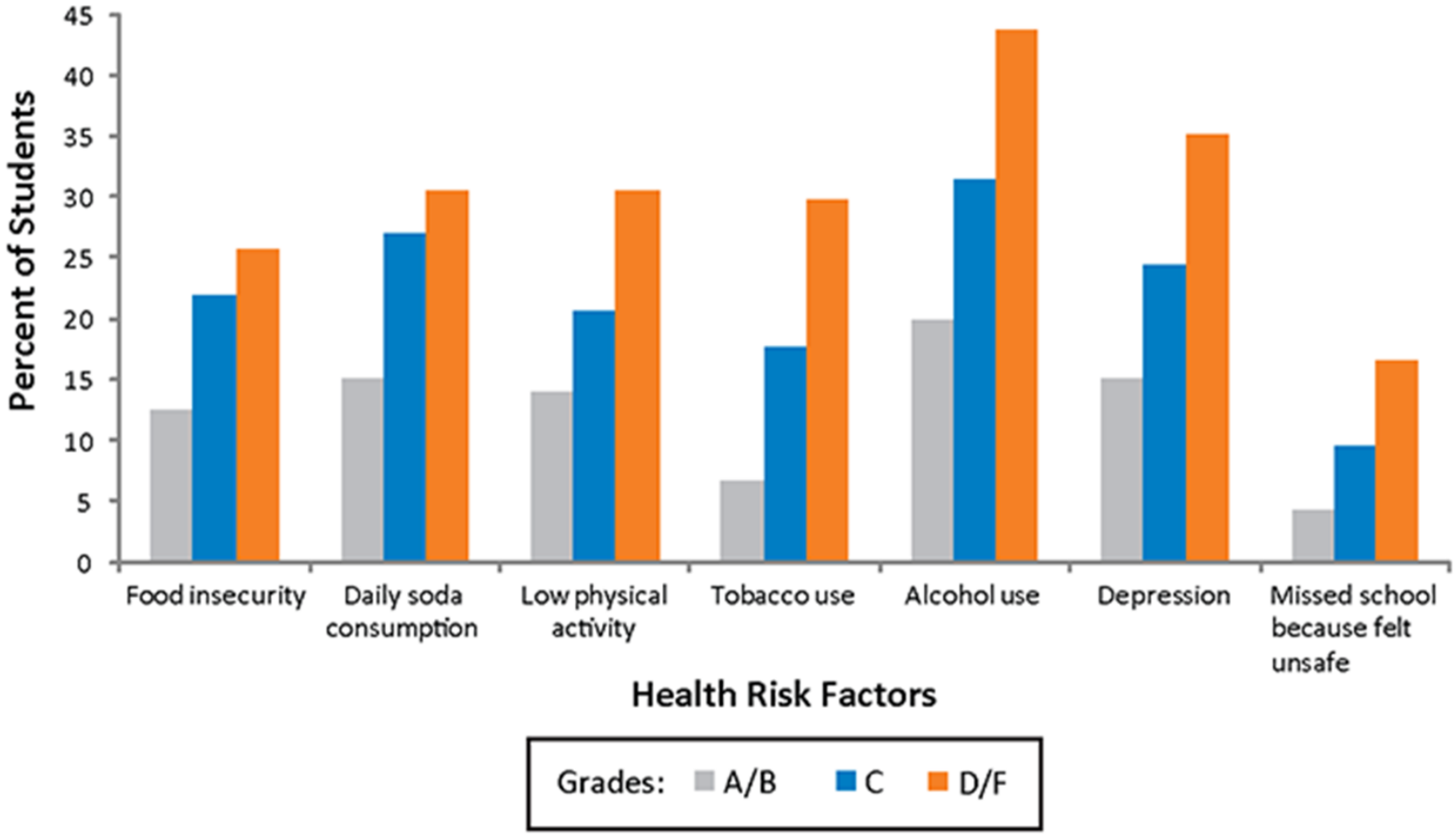
- Governor Kitzhaber

Educating the whole child

"The best of teaching cannot always compete successfully with the challenges many students face outside of school."

Lee-Bayha & Harrison, 2002

The intersection of grades and health risk factors



Schools have a role in student health

"Health and success in schools are interrelated.

Schools cannot achieve their primary mission of education if students and staff are not healthy and fit physically, mentally and socially."

National Association of State Boards of Education

Long term: four key recommendations

- Coordination
- Healthy environment and workplace
- Data collection and analysis
- Access

Shorter term: integrate health into current actions

- Health-related indicators in compacts
- OEIB subcommittee on health
- Chief Educational Officer as health champion

An indicator in the compacts: absenteeism

- Cause: poor health
- Impact: poor performance, dropout
- Opportunity: track and address absenteeism and its causes
- Result: remove barriers to learning

Healthy Kids Learn Better

"We know that good nutrition, exercise and general health and wellness play a critical role in students' ability to come to school ready to learn."

State Superintendent Susan Castillo

Questions?

"No educational tool is more essential than good health."

Council of Chief State School Officers

We ask for your commitment today

"If these (health) factors are not addressed, the benefits of other educational innovations will be jeopardized."

Dr. Charles E. Basch,
Columbia University,
in Journal of School Health