OREGON MENTORS

Closing the Mentoring Gap in Oregon

June 12, 2012

Current Statistics

600,000 school-age youth

200,000 youth need mentors

50,000 currently have mentors

- 25% served
- 90 programs
- 500 locations

Up from 10,000 served in 2001

Problems

1. Children without caring adults
2. Adverse Childhood Experiences
3. Children living in poverty

Adverse Childhood Experiences (ACEs)

Study to track health outcomes based on childhood ACES

1) Household dysfunction

Substance abuse, parental separation/divorce, mental illness, mother the victim of domestic violence, family member incarcerated

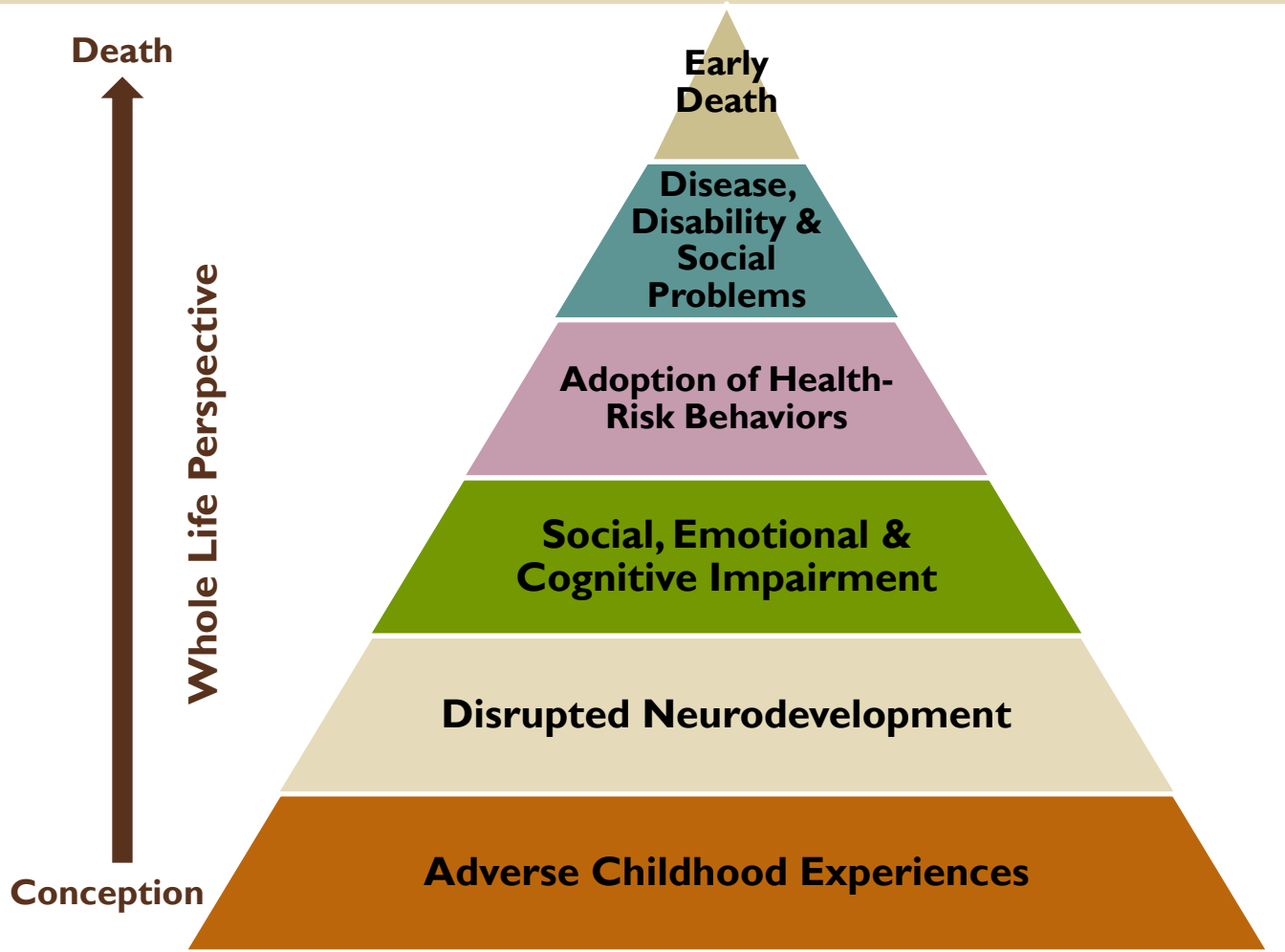
2) Abuse

Psychological, physical, or sexual abuse

3) Neglect

Emotional or physical neglect

Root Cause Analysis Results



Mechanisms by which Adverse Childhood Experiences influence health and well-being throughout life

Consequences of ACEs

COGNITIVE

- Slowed language development
- Attention problems (ADD/ADHD)
- Speech delay
- Poor verbal memory or recall
- Loss of brain matter or IQ

SOCIAL

- Aggression and violent outbursts
- Poor self-control of emotion
- Can't modify behavior in response to social cues
- Social isolation – can't navigate friendship

MENTAL HEALTH

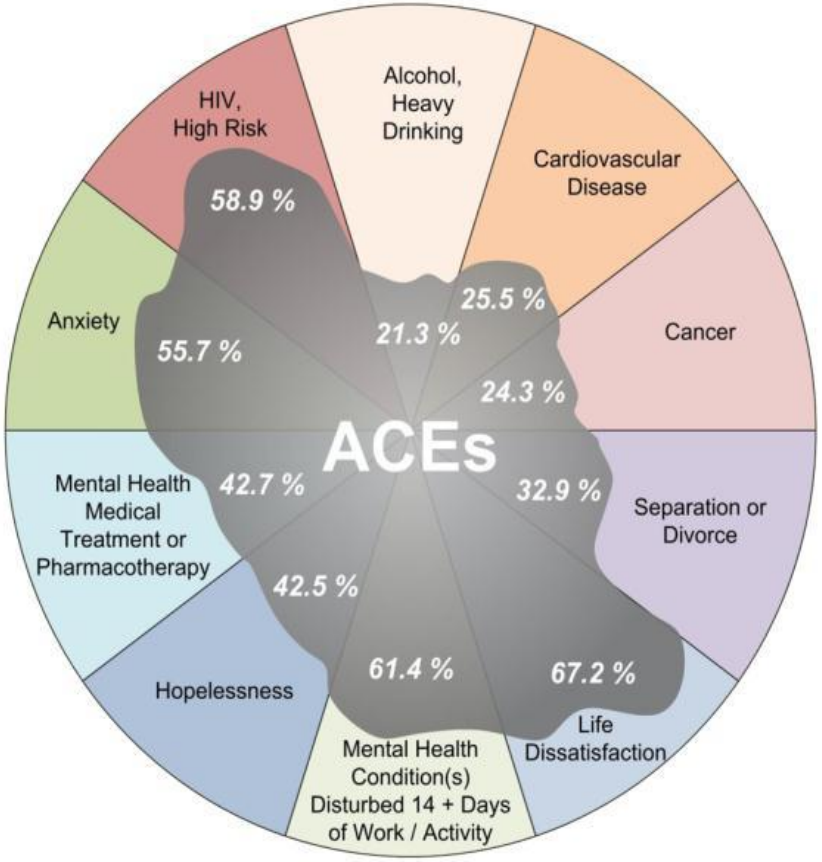
- Poor social or emotional development
- Alcohol, tobacco, and other drug abuse and early initiation
- Adolescent & adult mental health disorders
  - Depression, suicide, dissociative disorder, borderline personality disorder, PTSD

Population Attributable Risk

POPULATION ATTRIBUTABLE RISK

A large portion of many health, safety and prosperity conditions is attributable to Adverse Childhood Experience.

ACE reduction reliably predicts a decrease in all of these conditions simultaneously.



The Solution: Mentoring

3 R's of Education

- Rigor, Relevance, and Relationship

Relationships are the anecdote to toxic stress

Create / repair cognitive architecture to succeed in school

The Solution: Mentoring

Decrease fade-out from early childhood investments

Provide support for ongoing academic success

Impacts and Outcomes

Decrease risk factors:

- High school drop out rate
- Teen pregnancy
- Juvenile justice and criminal involvement

Impacts and Outcomes

Increase protective factors:

- Self-esteem
- Closeness with parents, peers, teachers
- School attendance
- Self-efficacy regarding school
- Future plans after high school

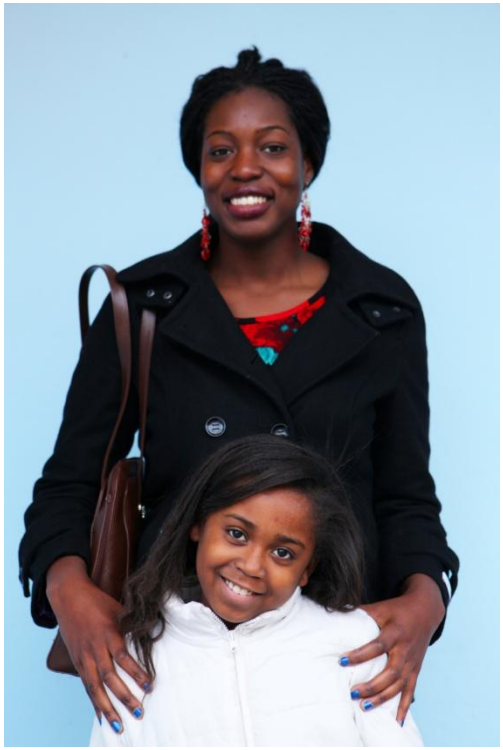
ROI for Mentoring

Less intense programs =

$3 to $4 for every $1 invested

More intense programs =

$7 to $9 for every $1 invested



How to Close the Gap

1. Identify high quality programs through Oregon Mentors

2. Increase the capacity of these programs to go to scale

3. Work with schools and other partners

4. Leverage public/private partnerships

Needed Investments

1. More volunteers
2. Staff to manage matches
3. Common background check
4. Common data base
5. Continuum alignment

Cradle to Career

1. ACE indicators identify Mia for Early Head Start
2. Mia is enrolled in SMART for Kindergarten through 3rd grade
3. Mia has a lunch buddy in 4th and 5th grades
4. Mia has a Big Sister in middle school
5. Mia is enrolled in ASPIRE in high school
6. Mia gets into college and has first generation college student mentor

$1 Million for Demonstration Project

1. Public-Private Partnership

- $1million private investment matched 1:1 for a $2 million investment in mentoring

2. Help recruiting volunteers

- Oregon National Guard
- State employees
- Corporate allies

3. Common background check

$1 Million for Demonstration Project

4. **Access to Student Information**
   - To complete evaluation

5. **Superintendents & Systems**

6. **Measurement & Accountability**

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Thank you for your service to Oregon's Children